



COCKTAILS

The Fighter (Great for Immunity)

4 mL Ascorbic Acid (2000 mg) – 24.2 mOsmolol 4 ml Zinc (2 mg) – 0.044 mOsmolol
3 ml Vita Complex (B Complex) – 6.12 mOsmolol 500 ml NS – 155 mOsmolol
Total mOsmolol = 363/L

The Energizer (Also use this as my weight loss IV)

3 ml Vita Complex (B Complex) – 6.12 mOsmolol 3 ml Amino Blend – 13.065 mOsmolol
1 ml B12 (10 mg) – 4.00 mOsmolol
500 ml NS – 155 mOsmolol
Total mOsmolol = 351/L

The Athlete (Performance & Recovery)

3 mL Ascorbic Acid (1500 mg) – 18.8 mOsmolol 3 ml Vita Complex (B Complex) – 6.12 mOsmolol 3 ml Amino Blend – 13.065 mOsmolol
3 ml Mineral Blend – 7.59 mOsmolol
500 ml NS – 155 mOsmolol
Total mOsmolol = 391/L

The Quencher (Great for Energy and Hydration)

3 mL Ascorbic Acid (1500 mg) – 18.18 mOsmolol 3 ml Vita Complex (B Complex) – 6.12 mOsmolol 3 ml Mineral Blend – 7.59 mOsmolol
500 ml NS – 155 mOsmolol
Total mOsmolol = 367/L

The Glow (Great for Hair, skin and nails)

3 mL Ascorbic Acid (2000 mg) – 18.8 mOsmolol 3 ml Vita Complex (B Complex) – 6.12 mOsmolol 4 ml Biotin (2 mg) – 0.044 mOsmolol
500 ml NS – 155 mOsmolol
Total mOsmolol = 352/L

The Candi Cocktail (Great for relaxation and detox)

3 ml Vita Complex (B Complex) – 6.12 mOsmolol 4 mL Ascorbic Acid (2000 mg) – 24.2 mOsmolol
4 mL Calcium Chloride (400 mg) – 8.16 mOsmolol 4 mL Glutathione (800 mg) – 8.64 mOsmolol
500 ml NS – 155 mOsmolol Total mOsmolol = 392/L

The Classic

(Myer's Cocktail) = 7.38 mOsmolol (Olympia) 500 ml NS – 155 mOsmolol
Total mOsmolol = 321/L

Immunity Cocktail (Another version of immunity)

4 mL Ascorbic Acid (2000 mg) – 24.2 mOsmol
4 ml Zinc (2 mg) – 0.044 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
1 ml B12 (10 mg) – 4.00 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 370/L

Vitality Cocktail (Great for Energy & detox)

3 mL Ascorbic Acid (1500 mg) – 18.18 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
4 ml Zinc (2 mg) – 0.044 mOsmol
4 mL Glutathione (800 mg) – 8.64 mOsmol
1 ml B12 (10 mg) – 4.00 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 373/L

Pain/Fibromyalgia

3 ml Magnesium Chloride (600 mg) – 8.85 mOsmol
3 ml Calcium Chloride (400 mg) – 8.16 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
3 mL Ascorbic Acid (1500 mg) – 18.18 mOsmol
1 ml B12 (10 mg) – 4.00 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 390/L

The Mellower (For better mood/depression)

4 ml Magnesium Chloride (800 mg) – 11.8 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
4 mL Ascorbic Acid (2000 mg) – 24.24 mOsmol
1 ml B12 (10 mg) – 4.00 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 392/L

Hangover Cocktail (Also great for Women's Monthly)

3 ml Calcium Chloride (400 mg) – 8.16 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
3 ml Amino Blend – 13.065 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 358/L

The "Kitchen Sink" (A little Something for everyone)

3 mL Ascorbic Acid (1500 mg) – 18.18 mOsmol
2 ml Magnesium (400 mg) – 5.9 mOsmol
2 mL Calcium Chloride (400 mg) – 4.08 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
3 ml Amino Blend – 13.065 mOsmol
4 mL Glutathione (800 mg) – 8.64 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 408/L

Recovery (Great for post-exercise/cramping)

3 ml Vita Complex (B Complex) – 6.12 mOsmol
1 ml B12 (10 mg) – 4.00 mOsmol
2 ml Magnesium (400 mg) – 5.9 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 338/L

Weight Loss

2 mL Calcium Chloride (400 mg) – 4.08 mOsmol
3 ml Vita Complex (B Complex) – 6.12 mOsmol
3 ml Amino Blend – 13.065 mOsmol
2 ml Magnesium (400 mg) – 5.9 mOsmol
3 mL Ascorbic Acid (1500 mg) – 18.18 mOsmol
500 ml NS – 155 mOsmol
Total mOsmol = 347/L